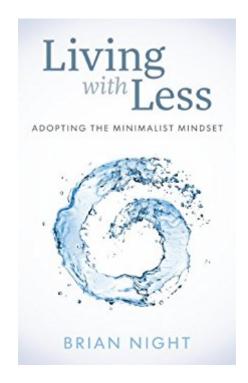
The book was found

Adopting The Minimalist Mindset: How To Live With Less, Downsize, And Get More Fulfillment From Life





Synopsis

Minimalism is all about spending your time with the most valuable people and objects in your life. Things that truly add value to your life. Â Discovering your passions in life are very important and will help you stay focused on your way to a minimalist life. Â You would be surprised at how many people have gone through life without discovering their hobbies or true passions. Â Many minimalists have combined their budgeting with their passions and have discovered a way to make their passions a full time income. Â By surrounding yourself with your passions and removing distractions you will find that you are naturally looking for ways to monetize your passions.

Book Information

File Size: 2280 KB Print Length: 134 pages Simultaneous Device Usage: Unlimited Publication Date: July 7, 2013 Sold by: Â Digital Services LLC Language: English ASIN: B00DTNGTQE Text-to-Speech: Enabled X-Ray: Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #10,727 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #6 in Kindle Store > Kindle eBooks > Crafts, Hobbies & Home > How-to & Home Improvements > Cleaning, Caretaking & Relocating #10 in Kindle Store > Kindle eBooks > Business & Money > Finance #13 in Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Cleaning, Caretaking & Relocating

Customer Reviews

This book will help you understand WHY an organized life matters so much, to your mental and spiritual health as well as your physical health!The best statement in the first section is that I.Q. and test scores do not correlate to success like DISCIPLINE does. This is so very true that I felt it should have been the first statement of the entire book! Yet I can see why he 'eases' people into the concept, because most think of discipline as work.Mr. Night, however, adequately describes how it

is more painful to have to care for so much stuff & clutter than it does to spend less energy on it, leaving more energy for more important things in life.I rather disagree with the kitchen section, in which he recommends you do not need more utensils or storage containers than for 24-48 hours. First, these items can break, bend, suffer microwave damage and such, and second, many people in the U.S. shop for food on a weekly basis, so need a week's worth of storage. A huge number of country people I know must plan their weekly excursions (due to disabilities, not having a car, budgeting for gas and so forth), and do not have small grocery stores they can walk to every other day, such as most places in Europe do.I was also somewhat surprised by so many suggestions to buy things, ostensibly to help in organization. Although he gave reasons for them, most suggestions were unnecessary. A person trying to minimize their clutter usually already has those items, for example, and in some instances I felt the suggestion was unwarranted. For example, video games and DVD's can surely be packed into those multi-sleeve carrier folders, but the value of many of them can disappear if they get separated from their original boxes, instruction sheets, or other materials.

Download to continue reading...

Adopting The Minimalist Mindset: How To Live With Less, Downsize, And Get More Fulfillment From Life The Minimalist Budget: A Practical Guide On How To Save Money, Spend Less And Live More With A Minimalist Lifestyle Money: Mindset - The 7 Step Money Mindset Formula That Will Help You Think & Produce Like A Millionaire (Mindset, How to Get Out of Debt, Financial Freedom, ... Make Money Online, Investing for Beginners) FBA: Complete Guide: Make Money Online With FBA: The Fulfillment by Bible - Best Selling Secrets Revealed: The FBA Selling ..., fulfillment by, fba Book 1) The Joy of Less, A Minimalist Living Guide: How to Declutter, Organize, and Simplify Your Life The Fearless Mindset: The Entrepreneur's Guide To Get Fit In Less Time, Double Your Income, & Become Unstoppable The Minimalist Woodworker: Essential Tools and Smart Shop Ideas for Building with Less Sell, Keep, or Toss?: How to Downsize a Home, Settle an Estate, and Appraise Personal Property Adopting Cats and Kittens: A Care and Training Guide Guide to Adopting an Ex-Racing Greyhound: History, Training, Grooming, Health, Feeding, Temperament Orphan Justice: How to Care for Orphans Beyond Adopting Loans 101: How to get a loan. Pay Less and Get More (Money Management Series) Too Busy for Your Own Good: Get More Done in Less TimeWith Even More Energy Tiny House, Peaceful Life: Live More with Less The Ultimate Minimalist Guide to Declutter and Simplify Your Life in 7 Days Minimalist Living: Simplify, Organize, and Declutter Your Life Money Management Tips: Control Money Don't Let It Control You (Budgeting your money, How to save money tips, Get out of debt fast, Live cheap, Debt free, Spend

less) The Tapping Solution for Weight Loss & Body Confidence: A Woman's Guide to Stressing Less, Weighing Less, and Loving More Never Work Again: Work Less, Earn More and Live Your Freedom Worry Less, Live More: The Mindful Way through Anxiety Workbook

<u>Dmca</u>